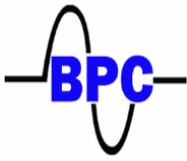


Specialist Courses Offered

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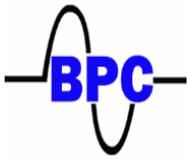


Specialist Courses Offered

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Revision 5

List of Courses
TR-001 Aerial Bundle Conductor
TR-002 Basic Power System Protection
TR-003 Battery Maintenance
TR-005 Cable Identification and Spiking
TR-006 Cable Jointing and Terminations
TR-007 Cable Laying and Trenching
TR-008 Care and Use of Measuring Instruments
TR-009 Chain Saw Use and Tree Cutting
TR-010 Contractor Safety Awareness (G) and (E)
TR-012 Exothermic Welding
TR-013 Fundamentals of Electricity
TR-014 DES Generation Plant Safety Rules
TR-015 Health and Safety at the Workplace
TR-016 High Voltage Switching Applications
TR-017 Locating Underground Cables
TR-019 DES Low Voltage Switching Application
TR-020 Mentor Guidelines and Effective Evaluation Assessment
TR-021 Medium Voltage Switching Applications
TR-022 Pre-Payment Meters
TR-023 Risk Assessment and Method Statements
TR-024 Road Safety Awareness
TR-025 Safe Used of Mobile Tower Scaffolding
TR-026 Safe Work on Transmission Tower
TR-027 Safety Rules
TR-028 System Operating Regulations
TR-031 Work at Heights
TR-032 Fire Watcher
TR-036 Safety Rules Refresher
TR-037 System Operating Regulations Refresher
TR-038 Low Voltage System Applications Domestic & Commercial Installations



Specialist Courses Offered

By Berakas Power Company Sdn Bhd

Revision 5

Training Code : TR-001

Title : Aerial Bundle Conductors

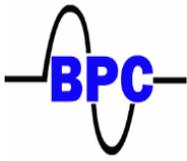
Duration : 4 Days

Objective : At the end of this course candidates will be able to:

- ✓ Demonstrate their ability to correctly select and use the appropriate tools and equipment to construct and maintain or repair aerial bundle conductors' systems.
- ✓ Understand the minimum requirements of the manufactures.
- ✓ Working adherence to the Safety Rules with minimum risk to all involved in the task.

Index :

- 1 Course Introduction.
- 2 Safety Rules.
- 3 Accidents Minor.
- 4 Definitions and Terms.
- 5 General Safety.
- 6 Basic Safety Restrictions.
- 7 Work in and Access to Substations.
- 8 Safety Equipment and Protective Clothing.
- 9 Work on LV Systems.
- 10 Work on Live LV Mains and Equipment.
- 11 Cutting and Trimming of Trees near Overhead Lines.
- 12 Tools and Equipment.
- 13 Construction of ABC Systems.
- 14 Electricity Dispensers.
- 15 Fault Finding and Maintenance.
- 16 Consolidation Questions.



Specialist Courses Offered

By Berakas Power Company Sdn Bhd

Revision 5

Training Code : TR-002

Title : Basic Power System Protection

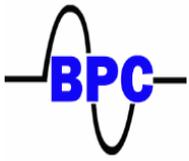
Duration : 3 Days

Objective : At the end of this course candidates will be able to:

- ✓ List the basic requirements of a successful protection scheme;
- ✓ Understand the different qualities of protection systems;
- ✓ Explain the different methods of earthing;
- ✓ Understand the causes and effects of faults;
- ✓ List and Explain the components of a protection chain;
- ✓ Discuss the purpose and functions of instrument transformers;
- ✓ Understand non-unit protection principles;
- ✓ Understand unit protection principals;
- ✓ Have a clear understanding of relay characteristics.

Index :

- 1 Introduction
- 2 Fundamentals Principals of Protection and Components Employed
- 3 System Earthing
- 4 Instrument Transformers
- 5 Protection Relays
- 6 Non-Unit Protection
- 7 Unit Protection
- 8 Relay Interrogation
- 9 Consolidation Questions



Specialist Courses Offered

By Berakas Power Company Sdn Bhd

Revision 5

Training Code : TR-003

Title : Battery Maintenance

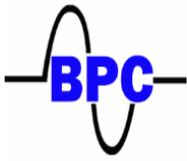
Duration : 2 Days

Objective : At the end of this course candidates will be able to:

- ✓ Identify the different battery types
- ✓ Have a clear understanding of batter theory
- ✓ Fully under health and safety requirements
- ✓ Successfully maintain the various types of substation batteries

Index :

- 1 Introduction
- 2 Hazards Associated with DC Systems
- 3 Control Systems
- 4 Storage Battery Operating Principles
- 5 Nickel Cadmium Batteries
- 6 Charging Characteristics
- 7 Maintenance Procedures
- 8 Battery Safety
- 9 Battery Testing
- 10 Consolidation Questions

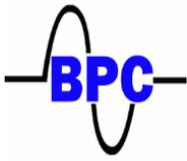


Specialist Courses Offered

By Berakas Power Company Sdn Bhd

Revision 5

- Training Code : TR-005
- Title : Cable Identification & Cable Spiking
- Duration : 2 Days
- Objective : At the end of this course candidates will be able to:
- ✓ Identify all components of the specific cable identifier and their function.
 - ✓ Correctly interpret the System Operating Regulations.
 - ✓ Check the identifier for correct functionality before test is conducted.
 - ✓ Conduct cable identification test with positive and conclusive results.
- Index :
- 1 Introduction
 - 2 System Operating Regulations
 - 3 Setting up the Cable Identifier
 - 4 Correct Identification procedure
 - 5 Consolidation questions
 - 6 Practical Assessment



Specialist Courses Offered

By Berakas Power Company Sdn Bhd

Revision 5

Training Code : TR-006

Title : Cable Jointing and Terminations

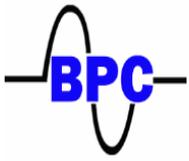
Duration : 5 Days

Objective : At the end of this course candidates will be able to:

- ✓ Understand the principles of MV cable theory.
- ✓ Have a good understanding of cable types.
- ✓ Correctly select jointing tools and use them correctly during the jointing process.
- ✓ Carry out the jointing and termination process according to best practices and a high standard.

Index :

- 1 Introduction
- 2 Power Cable Construction
- 3 Basic Cable Facts
- 4 Cross Linking and Elastomeric Memory
- 5 Stress Control
- 6 Tracking and Erosion
- 7 Insulation Breakdown
- 8 Cable Preparation
- 9 Semi Con Removal
- 10 Trick of the Trade
- 11 Jointing
- 12 Terminating
- 13 Cable System Connection and Shrouds

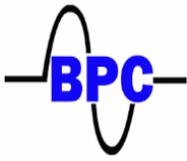


Specialist Courses Offered

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Revision 5

- Training Code : TR-007
- Title : Cable Laying & Trenching
- Duration : 1 Day
- Objective : At the end of this course candidates will be able to:
- ✓ Adhere to Safety Principles:
 - ✓ List the correct procedure for the laying of MV cables;
 - ✓ Understand Cable Trenching Procedures; and
 - ✓ Understand The HSWO 2009 Requirements.
- Index :
- 1 Introduction
 - 2 MOD. The Health Safety and Environment Manual (HSE 10)
 - 3 Cable Laying
 - 4 Preparation for Laying of Cables
 - 5 Use of Dynamic Cone Penetrometer (D.C.P)
 - 6 Consolidation Questions



Specialist Courses Offered

By Berakas Power Company Sdn Bhd

Revision 5

Training Code : TR-008

Title : Care and Use of Measuring Instruments

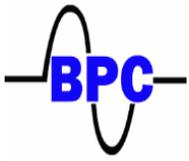
Duration : 2 Days

Objective : At the end of this course candidates will be able to:

- ✓ Understand the fundamental of electricity
- ✓ Interpret the markings on the measuring instrument
- ✓ Proper use of the measuring instruments
- ✓ Apply care maintenance to the measuring instruments.

Index :

- 1 Introduction
- 2 Precaution
- 3 Symbol or Marking
- 4 Understanding on CAT Rating
- 5 Common Measuring Testing
- 6 Care of Test Instrument.

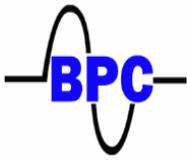


Specialist Courses Offered

By Berakas Power Company Sdn Bhd

Revision 5

- Training Code : TR-009
- Title : Chainsaw Use and Tree Cutting
- Duration : 2 Days
- Objective : At the end of this course candidates will be able to:
- ✓ Safety Handle and correctly operated a chainsaw;
 - ✓ Understand the procedures for correct care of the chainsaw;
 - ✓ Correctly maintain the chainsaw.
- Index :
- 1 Safety Equipment and Clothing.
 - 2 Safety Practices and Hazards.
 - 3 Sharpening.
 - 4 Maintenance.
 - 5 Felling.
 - 6 Limbing.
 - 7 Bucking.

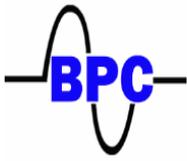


Specialist Courses Offered

By Berakas Power Company Sdn Bhd

Revision 5

- Training Code : TR-010
- Title : Contractor Safety Awareness (G) and (E)
- Duration : 1 Day
- Objective : At the end of this course candidates will be able to:
- ✓ Correctly interpret Safety Rules applicable to entry into Substations, and Live Enclosures.
 - ✓ Understand the dangers attached to the entry into such premises.
 - ✓ Evaluate the need for and use of protective clothing and safety equipment.
 - ✓ Understand the implications of a Permit for entrance into Substations and Live Enclosures.
- Index :
- 1 Introduction to Safety
 - 2 Dangers of Electricity
 - 3 Electric Shock
 - 4 Accidents, Serious – Obtaining Assistance
 - 5 Accidents, Minor
 - 6 Delegated Duties and Responsibilities
 - 7 Definition of Terms
 - 8 General Safety/Risk Assessment.
 - 9 Safety Equipment and Protective Clothing
 - 10 Substation Keys
 - 11 Entrance into Substations and Live Enclosures
 - 12 Barricading
 - 13 Supervision
 - 14 Work Permits
 - 15 Annexures



Specialist Courses Offered

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Revision 5

Training Code : TR-012

Title : Exothermic Welding

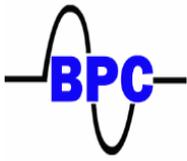
Duration : 1 Day

Objective : At the end of this course candidates will be able to:

- ✓ Understand the exothermic welding principals.
- ✓ Select the correct equipment and prepare for the procedure to be carried out.
- ✓ Select the correct volume of weld metals and accessories.
- ✓ Using the protective clothing and equipment, carry out the welding in a controlled manner.

Index :

- 1 Easy guide to make Exothermic Connections
- 2 Typical Exothermic connections
- 3 Moulds
- 4 Weld Metals
- 5 Handle Clamps
- 6 Terminology Related to Exothermic Welding
- 7 Mould Inspection
- 8 Welding Process
- 9 Exothermic Welding Graphite Mould Inspection
- 10 Recommended Exo Weld Tool Kit
- 11 Standardising Exothermic Connections

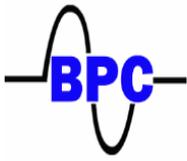


Specialist Courses Offered

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Revision 5

- Training Code : TR-013
- Title : Fundamentals of Electricity
- Duration : 1 Day
- Objective : At the end of this course candidates will be able to:
- ✓ Describe the terms
 - ✓ Describe the electrical parameters, including the unit of measurement and the relationship to other parameters.
 - ✓ Describe methods produce a voltage.
 - ✓ Describe the materials as they relate to permeability, including an example and an approximate relative permeability.
 - ✓ Explain the physical qualities of a simple magnetic circuit, including relationships of qualities and units of measurements.
 - ✓ Describe the shape and components of a BH magnetization curve.
 - ✓ Explain the cause of hysteresis losses.
- Index :
- 1 Atom and its forces
 - 2 Electrical Terminology
 - 3 Units of Electrical Measurement
 - 4 Methods of producing voltage (Electricity)
 - 5 Magnetism
 - 6 Magnetic Circuits
 - 7 Electrical Symbols
 - 8 Basic DC Theory
 - 9 DC Circuit Terminology
 - 10 DC Basic DC Circuit Calculations
 - 11 Voltage Polarity and Current Direction
 - 12 Kirchhoff's Laws
 - 13 DC Circuit Analysis
 - 14 DC Circuit Faults
 - 15 Inductance
 - 16 Capacitance
 - 17 Definitions

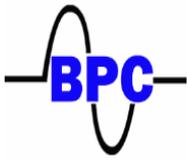


Specialist Courses Offered

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Revision 5

Training Code	:	TR-014
Title	:	Generation Plant Safety Rules
Duration	:	2 Days
Objective	:	At the end of this course candidates will be able to: <ul style="list-style-type: none">✓ Describe the terms✓ Describe the electrical parameters, including the unit of measurement and the relationship to other parameters.✓ Describe methods produce a voltage.✓ Describe the materials as they relate to permeability, including an example and an approximate relative permeability.✓ Explain the physical qualities of a simple magnetic circuit, including relationships of qualities and units of measurements.✓ Describe the shape and components of a BH magnetization curve.✓ Explain the cause of hysteresis losses.
Index	:	<ol style="list-style-type: none">1 Atom and its forces2 Electrical Terminology3 Units of Electrical Measurement4 Methods of producing voltage (Electricity)5 Magnetism6 Magnetic Circuits7 Electrical Symbols8 Basic DC Theory9 DC Circuit Terminology10 DC Basic DC Circuit Calculations11 Voltage Polarity and Current Direction12 Kirchhoff's Laws13 DC Circuit Analysis14 DC Circuit Faults15 Inductance16 Capacitance17 Definitions



Specialist Courses Offered

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Revision 5

Training Code : TR-015

Title : Health and Safety at the Workplace

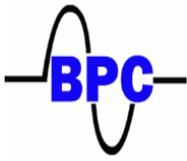
Duration : 1 Day

Objective : At the end of this course candidates will be able to:

- ✓ Apply and maintain safety in the electrical environment.
- ✓ Apply health and safety to the workplace.
- ✓ Identify and mitigate hazardous conditions.

Index : Mind Map

- 1 The purpose of the Act
- 2 Identifying potential hazards at the workplace
- 3 Safe Work Practice and Procedures
- 4 Personal Protective Equipment
- 5 Fire and Emergency Preparedness
- 6 Consolidation Questions

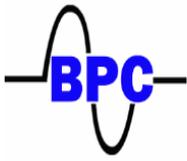


Specialist Courses Offered

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Revision 5

- Training Code : TR-016
- Title : High Voltage Transmission Switching Applications
- Duration : 4 Days
- Objective : At the end of this course candidates will be able to:
- ✓ Do Switching, linking, safety testing and earthing under fault and normal conditions. To ensure safety of personnel and apparatus and the continuity of supply.
 - ✓ Understand the various types of protection relays and how to interpret their indications.
 - ✓ Understand schematic diagrams.
 - ✓ Correctly the different switchgear types and the operation thereon.
 - ✓ Understand Tap Changer controls.
- Index :
- 1 Introduction to Transmission Systems
 - 2 Substation Equipment Controls and Layout
 - 3 Definitions
 - 4 Work in and access to Substations and Live Enclosures
 - 5 Work in Confined Spaces or Enclosures
 - 6 Work on Apparatus containing SF6
 - 7 Work on Remotely and Automatically Controlled Equipment
 - 8 Substation Keys
 - 9 Use of MV/HV Measuring rods
 - 10 MV/HV Operating Procedure
 - 11 Control of MV/HV System
 - 12 Work on MV/HV Mains and/or Apparatus
 - 13 Work on Transformers
 - 14 Switchgear
 - 15 Safety Earthing
 - 16 Testing of MV/HV Mains and/or Apparatus
 - 17 Re-energising of Overhead Lines after the Operation of Protective Equipment
 - 18 Issue of Permit to Work
 - 19 Work in Conjunction with BPMC
 - 20 Energising of new Mains and/or Apparatus
 - 21 Emergency Procedures in the event of Fire
 - 22 Operating Scenarios
 - 23 Substation Investigation after Fault Conditions
 - 24 Operating Exercise



Specialist Courses Offered

By Berakas Power Company Sdn Bhd

Revision 5

Training Code : TR-017

Title : Locating Underground Cable

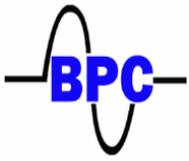
Duration : 1 Day

Objective : At the end of this course candidates will be able to:

- ✓ Understand the hazard of underground services;
- ✓ Understand the rules and regulation for excavation practice;
- ✓ Understand the fundamental of electromagnetic field;
- ✓ Understand the various function available in the transmitter and locator;
- ✓ Perform cable locating;
- ✓ Perform cable fault finding.

Index :

- 1 Introduction
- 2 Basic Electromagnetic Field
- 3 Active Signals
- 4 Selecting Frequency
- 5 Twin Antenna Principle
- 6 Current Measurement and Depth
- 7 Current Direction
- 8 Operation
- 9 Cable Fault Finding
- 10 General Locating Tips
- 11 Manufacturers Brochure



Specialist Courses Offered

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Revision 5

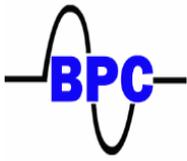
Training Code : TR-20

Title : Mentor Guidelines and Effective Evaluation Assessment

Duration : 1 Day

Index :

- 1 Introduction
- 2 What is meant by Evaluation?
- 3 Developing Evaluation Tools
- 4 Planning
- 5 Design and Development
- 6 Quality Checks

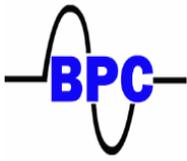


Specialist Courses Offered

By Berakas Power Company Sdn Bhd

Revision 5

- Training Code : TR-021
- Title : MV Switching Applications
- Duration : 5 Days
- Objective : At the end of this course candidates will be able to:
- ✓ Demonstrate their competency in order to safely carry out switching, isolating, testing and earthing of MV Systems.
 - ✓ Correctly use approved test instruments when carrying out tests.
 - ✓ Apply Operating Regulations correctly when switching is undertaken.
 - ✓ Understand the different switchgear mechanisms.
 - ✓ Have a clear understanding of system operating diagrams.
 - ✓ Understand the basic principles of power system protection.
 - ✓ Complete a Permit to Work and issue correctly.
- Index :
- 1 Course Introduction
 - 2 Definitions
 - 3 MV/HV Operating Procedures, (Section 9)
 - 4 Control of MV/HV System (Duties of the Control Operator, Section 10)
 - 5 Work on MV/HV, mains and or apparatus. (Section 11)
 - 6 Use of Test Equipment
 - 7 Introduction to Protection
 - 8 Switchgear (Section 12)
 - 9 Safety Earthing (Section 13)
 - 10 Testing of MV/HV mains and/or apparatus (Section 14)
 - 11 Issue of Permits to Work/Test MV/HV mains and/or apparatus
 - 12 Consolidated questions



Specialist Courses Offered

By Berakas Power Company Sdn Bhd

Revision 5

Training Code : TR-022

Title : Pre-payment Meters

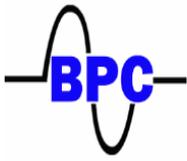
Duration : 3 Days

Objective : At the end of this course candidates will be able to:

- : ✓ Install, wire, commission and seal and Electricity Dispenser and an Energy Control Unit neatly, correctly and safely.

Index :

- 1 Introduction
- 2 Operation of Electricity Dispensers
- 3 Installation of Electricity Dispensers
- 4 Commissioning/Verification Procedures
- 5 Training the Customer
- 6 Maintenance and Repairs to ED's
- 7 Consolidation Questions



Specialist Courses Offered

By Berakas Power Company Sdn Bhd

Revision 5

Training Code : TR-023

Title : Risk Assessment and Method Statements

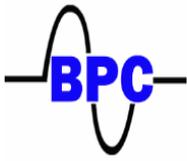
Duration : 2 Days

Objective : At the end of this course candidates will be able to:

- ✓ Install, wire, commission and seal and Electricity Dispenser and an Energy Control Unit neatly, correctly and safely.
- ✓ Understand what a hazard is and identifying hazards;
- ✓ Understand when the hazard identification should be done;
- ✓ Understand different types of hazards and the consequences;
- ✓ Understand the difference between Method Statements and Risk Assessment;
- ✓ Draw up a Method Statement document based on a detailed scope of the work;
- ✓ Analyse a Method Statement and identify and control the associated hazards;
- ✓ Understand the steps in the hazard identification and control worksheet;
- ✓ Complete the hazard identification and control worksheet;
- ✓ Carry out a hazard identification based on a detailed scope of work and document it;
- ✓ Be able to successfully to develop and complete a RAMS for a detailed scope of work;
- ✓ Fully understand the importance of site inspections and compliance with the RAMS, as well as the enforcement of general safety.

Index :

- 1 Introduction
- 2 Definition
- 3 Responsibilities
- 4 Procedure
- 5 Hazards
- 6 Identifying Hazards
- 7 Type of Hazards in the workplace
- 8 Hazard and Risk Management Measures
- 9 Hazard Identification and Mitigation
- 10 BPC Standard RAMS Format
- 11 Observation Card

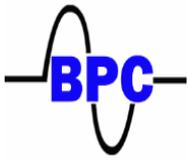


Specialist Courses Offered

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Revision 5

- Training Code : TR-024
- Title : Road Safety Awareness
- Duration : 1 Day
- Objective : At the end of this course candidates will be able to:
- ✓ Describe the hazards and controls that are necessary for carrying out work safely at any roadside.
 - ✓ Correctly identify road traffic signs.
 - ✓ Interpret the minimum requirements of the MOD HSE Manual.
 - ✓ Technically place and correctly position traffic signs in order to manage traffic at the workplace.
- Index :
1. Introduction
 2. Responsibilities for Contractors
 3. Signs
 4. Site Layout Specifications
 5. Speed Limits
 6. Appendix
 7. Consolidation Questions

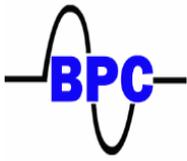


Specialist Courses Offered

By Berakas Power Company Sdn Bhd

Revision 5

- Training Code : TR-025
- Title : Safe Used of Mobile Tower Scaffolding
- Duration : 1 Day
- Objective : At the end of this course candidates will be able to:
- ✓ Identify and describe the various components of the mobile tower scaffolding system;
 - ✓ Clearly define the various definitions and terms;
 - ✓ Interpret the minimum requirements of the MOD HSE Manual with regard to scaffolding;
 - ✓ Safely erect and disassemble scaffolding at the various work sites;
 - ✓ Effectively use safety equipment and the necessary tools in order to meet all required standards;
 - ✓ Carry out mobile scaffolding erection and disassembling in the correct and safe manner.
- Index :
1. Introduction
 2. Legislative Requirements
 3. Definitions
 4. Erection and Inspection
 5. Scafftag Procedure
 6. Hazards
 7. Scaffold Register Form
 8. Type of Scaffolding
 9. Materials and Tools
 10. Protection of Public
 11. Introduction to Tubular Scaffolding



Specialist Courses Offered

By Berakas Power Company Sdn Bhd

Revision 5

Training Code : TR-026

Title : Safe Work on Transmission Tower

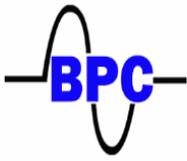
Duration : 1 Days

Objective : At the end of this course candidates will be able to:

- ✓ Have a clear understanding of all risks and hazards associated with the climbing of electrical lattice towers.
- ✓ Comply with all requirements of the WSHO/2009 and regulations.
- ✓ Effectively complete required Risk Assessment documents prior to work, and to manage this process.
- ✓ Climb and carry out work safely.

Index :

- 1 Introduction
- 2 Legislative Requirements
- 3 Definitions
- 4 Identification of Equipment
- 5 Inspection of Equipment
- 6 Rescue System
- 7 Climbing With the Fall Arrester System
- 8 Rescue Plan

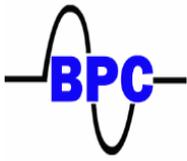


Specialist Courses Offered

By Berakas Power Company Sdn Bhd

Revision 5

- Training Code : TR-027
- Title : Safety Rules
- Duration : 4 Days
- Objective : On completion of this course candidates will have a clear understanding of the DES Safety Rules of DES Safety Rules and how these rules support the Government's Health and Safety Works Order 2009 requirements.
- Section :
- 1 Electric Shock: Procedure and Treatment.
 - 2 Accidents, Serious: Obtaining assistance.
 - 3 Accidents, Minor.
 - 4 Responsibilities.
 - 5 Definition and terms.
 - 6 General Safety, risk assessment.
 - 7 Basic safety restrictions.
 - 8 Safety equipment and protective clothing.
 - 9 Work in and access to substations and live enclosures.
 - 10 Work in confined spaces or enclosures.
 - 11 Work on apparatus containing SF6 (Sulphur Hexafluoride) gas
 - 12 Work on remotely and automatically controlled equipment.
 - 13 Cutting of underground cables that have been laid and/or installed.
 - 14 Substation Keys.
 - 15 Work on low voltage system (overhead lines).
 - 16 Work on live LV mains and/or equipment.
 - 17 Cutting and trimming of trees near overhead lines.
 - 18 Annexures.
- Intended for : All DES staff who are required to work on or in close proximity to any of the Department of Electrical Services substations, overhead lines or any other power system equipment and apparatus.



Specialist Courses Offered

By Berakas Power Company Sdn Bhd

Revision 5

- Training Code : TR-028
- Title : System Operating Regulations
- Duration : 4 Days
- Objective : On completion of this course candidates will have a clear understanding of the DES System Operating Regulations and how these regulations support the Government's Health and Safety Works Order 2009 requirements.

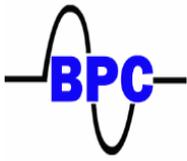
The System Operating Regulations for MV/HV systems are an attempt to provide the necessary precautionary measures required to avoid the dangers which are present when you are working with MV/HV equipment.

- Ensure the safety of all persons
- Safeguard electrical apparatus from damage

- Section :
- 1 Definition of Terms
 - 2 Work in and access to substations and live enclosures
 - 3 Work in confined spaces or enclosures
 - 4 Work on apparatus containing SF₆ (Sulphur hexafluoride) gas
 - 5 Work on remotely and automatically controlled equipment
 - 6 Cutting underground cables that have been laid and/or installed
 - 7 Substation Keys
 - 8 Use of MV/HV measuring rods
 - 9 MV/HV Operating Procedure
 - 10 Control of the MV/HV system: duties and responsibilities of system control operator
 - 11 Work on MV/HV mains and/or apparatus
 - 12 Switchgear
 - 13 Safety Earthing
 - 14 Testing of MV/HV mains and/or apparatus
 - 15 Re-energising of overhead lines after the operation of protective equipment
 - 16 Issue of Work Permits
 - 17 Work in conjunction with Berakas Power Management Company
 - 18 Energising of new mains and/or apparatus
 - 19 Emergency procedures in the event of fire
 - 20 Work on gas turbine generator packages and associated plant
 - Safeguard the continuity of supply

- Intended for : All DES personnel who are required to become Authorised Person for the purpose of carry out switching on the MV/HV System as part of their duty schedules

This document is not a training module; but an integral part of the DES Safety requirement, and is to be a controlled document which is issued to all Authorised Persons after completing the day course. (See Training Directive for Authorised Persons)



Specialist Courses Offered

By Berakas Power Company Sdn Bhd

Revision 5

Training Code : TR-031

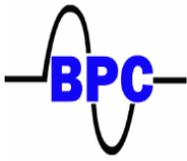
Title : Work at Height

Duration : 1 Day

Objective : At the end of this course candidates will be able to:

- ✓ Have a clear understanding of all risks and hazards associated with the climbing of electrical lattice towers.
- ✓ Comply with all requirements of the WSHO/2009 and regulations.
- ✓ Effectively complete required Risk Assessment documents prior to work, and to manage this process.
- ✓ Climb and carry out work safely.

Index : 1 Introduction.
2 Legislative Requirements.
3 Definitions.
4 Identification of Equipment.
5 Inspection of Equipment.
6 Use of Fall Arrest System.
7 Rescue
8 Rescue Plan

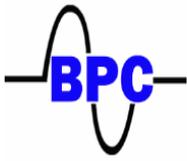


Specialist Courses Offered

By Berakas Power Company Sdn Bhd

Revision 5

- Training Code : TR-032
- Title : Fire Watcher
- Duration : 0.5 Day
- Objective : This course is for participant whom need to become a Fire Watcher or Fire Watchmen.
- ✓ All work activities declared under hot works require at least one appointed trained fire watcher when apply for hot work permit.
 - ✓ As this course covers all fire emergency safety, it is suitable for participant whom need to undertake as Fire Safety Committee member such as fire wardens, for BPC Assets.
 - ✓ It has been proven that a well-trained workforce not only reduces the risk of fire, but in the event of one, responds quickly and effectively to minimise the damage.
- Index : 1 Introduction.
2 The Combustion Process
3 HSE Standard Operating Procedure

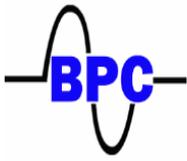


Specialist Courses Offered

By Berakas Power Company Sdn Bhd

Revision 5

- Training Code : TR-036
- Title : Safety Rules Refresher
- Duration : 2 Day
- Objective : On completion of this course candidates will have a clear understanding of the DES Safety Rules of DES Safety Rules and how these rules support the Government's Health and Safety Works Order 2009 requirements.
- Section :
- 1 Electric Shock: Procedure and Treatment.
 - 2 Accidents, Serious: Obtaining assistance.
 - 3 Accidents, Minor.
 - 4 Responsibilities.
 - 5 Definition and terms.
 - 6 General Safety, risk assessment.
 - 7 Basic safety restrictions.
 - 8 Safety equipment and protective clothing.
 - 9 Work in and access to substations and live enclosures.
 - 10 Work in confined spaces or enclosures.
 - 11 Work on apparatus containing SF6 (Sulphur Hexafluoride) gas
 - 12 Work on remotely and automatically controlled equipment.
 - 13 Cutting of underground cables that have been laid and/or installed.
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 - 15 Work on low voltage system (overhead lines).
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 - 17 Cutting and trimming of trees near overhead lines.
 - 18 Annexures.
- Intended for : All DES staff who are required to work on or in close proximity to any of the Department of Electrical Services substations, overhead lines or any other power system equipment and apparatus.



Specialist Courses Offered

By Berakas Power Company Sdn Bhd

Revision 5

- Training Code : TR-037
- Title : System Operating Regulations Refresher
- Duration : 2 Days
- Objective : On completion of this course candidates will have a clear understanding of the DES System Operating Regulations and how these regulations support the Government's Health and Safety Works Order 2009 requirements.

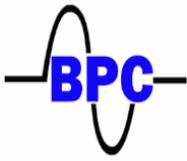
The System Operating Regulations for MV/HV systems are an attempt to provide the necessary precautionary measures required to avoid the dangers which are present when you are working with MV/HV equipment.

- Ensure the safety of all persons
- Safeguard electrical apparatus from damage

- Section :
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 - 2 Work in and access to substations and live enclosures
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 - 15 Re-energising of overhead lines after the operation of protective equipment
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 - 17 Work in conjunction with Berakas Power Management Company
 - 18 Energising of new mains and/or apparatus
 - 19 Emergency procedures in the event of fire
 - 20 Work on gas turbine generator packages and associated plant
 - Safeguard the continuity of supply

- Intended for : All DES personnel who are required to become Authorised Person for the purpose of carry out switching on the MV/HV System as part of their duty schedules

This document is not a training module; but an integral part of the DES Safety requirement, and is to be a controlled document which is issued to all Authorised Persons after completing the day course. (See Training Directive for Authorised Persons)

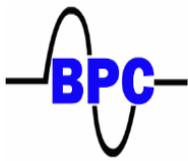


Specialist Courses Offered

By Berakas Power Company Sdn Bhd

Revision 5

Training Code	: TR-038
Title	: Low Voltage System Applications Domestic & Commercial Installations
Duration	: 3 Days
Objective	: At the end of this course candidates will be able to: <ul style="list-style-type: none">✓ Have a clear understanding of definition of terms;✓ Have an awareness of workplace safety practices;✓ Understand Electrical Drawings and Symbols;✓ Correctly interpret the EIR Regulations;✓ Have a clear understanding of Safe Isolation;✓ Have a clear understanding of Lock-Out Procedures;✓ Correctly complete and issue LV Permit to Work;✓ Be competent in Fault Finding and Trouble Shooting Procedures;✓ Clearly understand Testing and Inspection Procedures;✓ Have a clear understanding of standby generator safety;✓ Reference SHENA Standby Generation Guideline.
Index	: <ol style="list-style-type: none">1 Introduction2 Workplace Safety3 Definitions4 Electrical Drawings and Symbols5 Introduction to the electrical installation requirements (EIR)6 Safe Isolation risk assessment of low voltage systems7 Isolation and permits8 Low voltage permit to work9 Residual current devices (RCD's)10 Troubleshoot Electrical Wiring Problems11 Inspection and Testing Procedures12 Standby Portable Generator Connection13 Summary of Brunei Industry Guide Notes

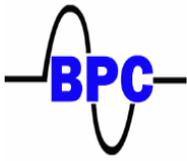


Specialist Courses Offered

By Berakas Power Company Sdn Bhd

Revision 5

Career Development Training Matrix		
Discipline	Subject Matter	
	Mandatory	Job Specific
Competent Person LV	First Aid Level 2	Street Lighting
	Basic Electricity	Cable Trenching and Laying
	Use of Measuring Instruments	Electrical Installation Regulation (EIR)
	LV System Applications	*Chainsaw Operation
	Cable Jointing LV	
	Safety Rules	
	Fall Arrest/ Ladder Safety	
	Health and Safety at the Workplace	
Competent Person MV	First Aid Level 2	Cable Identification/Cable Spiking
	Safety Rules and System Operating Regulations	Battery Maintenance
	MV System Applications	Basic Power System Protection
		*Switchgear Maintenance
		*MV ABC Line Construction
		*Cable Fault Location
Competent Person HV	First Aid Level 2	Cable Identification/Cable Spiking
	Safety Rules and System Operating Regulations	Battery Maintenance
	Basic Power System Protection	Erection of Scaffolding
	HV System Maintenance	Work At Height (OHTL)
	Barricading	*Work on Automatic Tap Changers
	Ladder Safety/ Fall Arrest Systems	*Exothermic Welding (CAD Welding)
System Control Operator	Safety Rules and System Operating Regulations	
	MV System Applications	
	HV System Application	
	Basic Power System Training	
	*SCADA Training	
MV Cable Jointers (11kV)	First Aid Level 2	
	Safety Rules and System Operating Regulations	
	MV Cable Jointing and Termination	
	MV Cable Trenching and Laying	
	Roadside Safety	



Specialist Courses Offered

By Berakas Power Company Sdn Bhd

Revision 5

Career Development Training Matrix		
Discipline	Subject Matter	
	Mandatory	Job Specific
HV Cable Jointers (66kV)	First Aid Level 2	
	Safety Rules and System Operating Regulations	*Fault Location
	Cable Jointing and Terminations	*Pressure Testing
	Cable Trenching and Laying	
	Roadside Safety	
Contractors LV	First Aid Level 2	
	Safety Awareness for Contractors	Safety Rules and System Operating Regulations
	Fall arrest Systems/ Ladder Safety	ABC Construction
		LV Bare Overhead Construction
		Electrical Installation Regulations (EIR)
		Roadside Safety
		Erection of Scaffolding
Authorised Person MV	First Aid Level 2	And Any Other Duties Required to meet the Job Description
	Safety Rules and System Operating Regulations	
	MV System Applications	
	Cable Identification/ Cable spiking	
	Basic Power System Protection	
*All MV Trainee Authorised Persons to only be appointed once they have been appointed as Competent Person in their various disciplines.		
*All HV Trainee Authorised Persons to be appointed once they have appointed as Competent Persons in their various disciplines.		
*Control Operators are to complete their prescribed training in the field as MV or HV Authorised Persons.		